



Chilliwack School District
"Partners In Learning"

POLICY 517

HEALTH-PROMOTING SCHOOLS

The Board of Education believes that healthy and active students are better able to learn and that school practices can have a positive influence on students' health. Health-promoting schools are effective in helping to build attitudes and behaviours that support healthy living. Food and beverage alternatives offered in schools will meet Ministerial guidelines for healthy choices. Schools will implement programs that support regular physical activity for students.

The Board also believes that educating and promoting healthy lifestyles for students is a responsibility shared with parents, the health sector and the community. Schools will work cooperatively with families and the community to strengthen and build connections and services to nurture healthy and active lifestyles.

Cross Refs: Guidelines for Food and Beverage Sales in BC Schools and Guidelines for Physical Activity, Ministerial Orders
Adopted January 15, 2008
Reviewed
Revised